

# The infiltration of humanistic spirit in College English Teaching under the Background of ESP

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**Abstract:** Since the beginning of the 21st century, with the continuous development of science and technology, the global economy has been developing rapidly. Various kinds of economic and cultural exchanges and scientific & technological discussions in the global scope are unprecedentedly frequent, including international finance, foreign trade, scientific & technological exchanges, international tourism and foreign insurance. As an important tool of international communication, English is valued by more and more people from all walks of life. Employees in every industry need to learn English in order to complete their work, and college students also need to learn English to prepare for entering the workplace in the future. In this context, this paper discusses how to infiltrate medical humanistic spirit into College English Teaching under the background of ESP.

## 1. Introduction

ESP refers to English for Special Purpose including medical English, financial English, business English, engineering English, tourism English, etc. The concept of ESP teaching was formed in 1960s, and has gradually developed into a new teaching concept. ESP, as a teaching method with strong pertinence and clear goal, has high practical value. The core of ESP is to meet the needs of different kinds of learners and improve the quality of teaching. ESP learners include professionals who have entered the workplace, such as doctors, engineers, scientists, business executives, etc., as well as non-English major students in college. [1] For college students, to complete English learning based on ESP is to learn English as a tool or means for further professional learning. In the following, the author discusses the infiltration of humanistic spirit in College English teaching from the perspective of ESP.

## 2. Medical Humanistic Spirit and Its Significance in Medical Treatment

### 2.1 Connotation of Medical Humanistic Spirit

As the name implies, medical humanistic spirit refers to the people-oriented and patient-oriented spirit. Medical humanistic spirit emphasizes the respect, care and love for patients in the process of medical treatment. Human nature is the core of medical humanistic spirit, which suggests that doctors and students should pursue more perfect life values in the current society. The humanism is similar to humanitarianism in spirit, both of which emphasize conscience and people-oriented. Medical humanistic spirit is an emotional expression of periodic objective things formed by practitioners in the process of medical practice. Medical humanistic spirit originates from the sympathy of social humanitarianism, which is the attitude and psychological response of medical staff when they practice the basic norms of medical ethics.

### 2.2 The Significance of Medical Humanistic Spirit in Medical Treatment

The discussion about the significance of medical humanistic spirit in medical treatment cannot be separated from the background of the tense relationship between doctors and patients in the current society. Nowadays, the lack of medical humanistic spirit makes the relationship between doctors and patients more and more tense. The emergence of all kinds of bad doctor-patient

relationship, such as medical disturbance and dispute, aggravates the contradiction between doctors and patients, which is a communication barrier between medical staff and patients. These communication barriers will eventually lead to huge social contradictions, for example, patients may be not willing to go to hospital and delay their illness, which in turn aggravates the contradictions between doctors and patients. [2] This is a vicious circle. Therefore, it is very urgent and necessary to build a harmonious relationship between doctors and patients and pay attention to the cultivation of medical humanistic spirit and professional quality of medical staff. It is responsible and an obligation for a college English teacher to infiltrate the humanistic spirit of medicine to students' daily English learning under the background of ESP, so as to lay a solid foundation for excellent medical professionals who are in the university now and going to enter the medical posts in the future, in order to cultivate more high-quality talents for the society. Medical humanistic spirit is an important part of modern medicine. The promotion and return of medical humanistic spirit and the creation of medical humanistic environment must focus on the promotion of medical ethics of medical practitioners.

### **3. The Infiltration of Medical Spirit into College English Learning Under the Background of ESP**

#### **3.1 To infiltrate the Humanistic Spirit of Medicine by the Application of Multimedia, Debate and other Classroom Teaching Methods**

Classroom teaching is the most intuitive way of teaching. Teachers can instil the humanistic spirit of medicine imperceptibly in students so that they will unconsciously have a kind of potential consciousness of the medical humanistic spirit. But in the classroom teaching, we also need to pay attention to certain ways and methods, in order to yield twice the result with half the effort. For example, College English teachers can use multimedia to guide students to learn English knowledge and infiltrate the medical humanistic spirit. As a teaching method, Multimedia is more intuitive and can trigger the students' sense of identity. Therefore, it is very important to choose video in English teaching. The selected video must be in English when explaining the medical professional knowledge. Teachers should use targeted teaching methods to let students understand the importance of medical humanistic spirit in the process of medical practice while watching the video. Of course, teachers can play the case video of Doctor-patient Conflict so that students can really understand the importance of medical humanistic spirit, and then carry out self-exploration and thinking, improving the enthusiasm of students' independent learning. At the same time, when conducting English classroom teaching under the background of ESP, teachers can focus on the Hippocratic oath to help students understand the importance of medical humanistic spirit in the medical industry. [3] Through English reading, students can fully understand the connotation of the oath, and deeply understand that medical practitioners with medical humanistic spirit will devote themselves to medical work day and night, regardless of honor or disgrace. They will closely connect the industry spirit with the medical science cause of the country and even the whole mankind, and vow to fight for it unremittingly. With lofty medical humanistic spirit, no matter as a student or as a medical worker entering the medical work post in the future, they can have great humanitarian spirit, persevere to work and study tirelessly, and be responsible for their families and patients.

In addition, in College English classroom teaching, we can also use debate games to infiltrate the humanistic spirit of medicine. Different from video and teachers' direct infusion, the key to debate contest is to mobilize students' enthusiasm in an all-round way, let students voluntarily, autonomously and actively participate in the teaching process, and improve students' enthusiasm for learning. For example, teachers can tell students real medical cases in society in advance, and set up a debate on 'the importance of doctor-patient relationship', so that students can debate in English in groups. In the process of debate, teachers can guide students to focus on 'whether the correct application of language behavior and speech in the medical process will accelerate the deterioration of the doctor-patient relationship'. In the process of practicing medicine, how to use the philosophy

of language to improve patients' trust in the hospital, whether the language is important in the relationship between doctors and patients, how to use the language correctly and so on can be debated in detail. Through the debate, students will quickly realize the importance of medical humanistic spirit in the medical process and the relationship between doctors and patients. The cultivation of medical humanistic spirit is helpful to promote the development of good and harmonious doctor-patient relationship. From the perspective of ESP, in the debate, teachers should not forget their own tasks, which guide students to pay attention to the accumulation of medical related vocabulary and the expression of medical terms. Debate competition can not only stimulate students' enthusiasm in learning English, enabling them to quickly complete the test of their mastery of professional knowledge, but also improve students' self-confidence in English conversation, helping them master the professional knowledge of medicine. And meanwhile, competitions contribute to the infiltration of the medical humanistic spirit.<sup>[4]</sup>

### **3.2 Extracurricular Teaching Methods Including Campus Broadcast, Extracurricular Reading, Online Learning Interaction Help the Infiltration of Medical Humanistic Spirit**

Under the background of ESP, teachers can not only infiltrate medical humanistic spirit through classroom English teaching, but also infiltrate medical humanistic spirit through extracurricular forms.

For example, English teachers can use campus English radio programs to spread positive energy such as harmonious doctor-patient relationship and harmonious society to all teachers and students in order to cultivate students' medical humanistic spirit. Building a good campus culture is undoubtedly an important way to cultivate medical humanistic spirit. Positive campus culture, good campus atmosphere and beautiful campus environment can not only contribute to students' self-examination, self-education, self-improvement and the advocating of positive energy, but also play a important role in the formation of students' ideological and moral character. With campus radio as a medium to infiltrate the humanistic spirit of medicine, the "three ones" activity is set up from the perspective of ESP, which means, listening to an English audio of doctor-patient communication with the host every day, learning a communication sentence commonly used in medical relations, and remembering a valuable English word of doctor-patient communication. In the long run, we will form a campus where everyone loves English and remembers English, so that teachers and students will pay attention to the cultivation of medical humanistic spirit. And meanwhile, students' abilities to learn English will be constantly improved.

Of course, there are many ways to infiltrate medical humanistic spirit except campus broadcasting. For example, English teachers can make full use of the school library to infiltrate the humanistic spirit of medicine. The school library stores a large number of medical related English papers. On the one hand, teachers can recommend to students a large number of poetry, novels, documentaries and reports related to medical humanistic spirit,<sup>[5]</sup> stimulating students' imagination and emotion, which gradually become a spiritual force in practice. On the other hand, Reading after class can also help students get rid of the bad habit of lacking disciplines and wasting time. Through reading these medical related English articles, students can form their own unique understanding and opinions on the relationship between doctors and patients, which have a more profound and lasting influence on students than cramming method of teaching.

Campus online learning platform is the most popular way of learning at present. Many teachers can strengthen positive interactions with students through the platform to guide students to learn effectively. Under the background of ESP, English teachers can create a good atmosphere of interaction between teachers and students through the online learning platform, and infiltrate the humanistic spirit of medicine imperceptibly. For example, teachers can create a simulated situation that may happen between doctors and patients to let students use medical communication terms to communicate and solve problems in groups. Students need to discuss in groups to complete the writing and acting of script, and finally show the whole process of patients' medical treatment. Teachers should pay attention to guiding students in the process of what problems will occur and how to solve them,<sup>[6]</sup> enabling students to think independently and discuss in groups. Through the

online learning platform, from the ESP point of view, this process can comprehensively train students' ability to apply book knowledge to practice. Solving the doctor-patient problem in simulated situations will enable students to realize the importance of doctor-patient relationship and medical humanistic spirit, and deeply understand that the harmonious development of relationship between doctors and patients is a necessary part of a harmonious society. Through the online learning platform, English teachers can have more contact with students in extra-curricular time, deepen the affection between teachers and students through guidance and communication. Students will trust teachers more, teachers will know more about each student's learning progress, and also have a clearer understanding of the penetration of humanistic spirit. In practice, it is not difficult to find that students are gradually aware of the importance of medical humanistic spirit. Through solving the problems in the simulated doctor-patient relationship, students will be more active and free to speak, resulting in an improvement of their oral communication ability and a cultivation of the medical humanistic spirit.

### **3.3 Infiltration of Medical Humanistic Spirit in Social Practice**

All knowledge will eventually be tested by practice, and medical English is no exception. Under the background of ESP, College English teachers can fully use social practice activities to infiltrate the spirit of medical humanities, so that students can put themselves in practice to learn medical humanities.<sup>[7]</sup> Clinical practice is not new to medical students and can help students to learn about medical work. In the practice, students can feel the contradiction between doctor and patient and the helplessness of both patients and doctors. In this regard, teachers can consciously guide students to realize the importance of humanistic spirit, discipline themselves, cultivate patience and love, understand patients' pain and expectation through communication with patients, understand how doctors communicate with patients through their busy work, and have a higher requirement for their quality.

## **4. Conclusion**

Under the background of ESP, it is very important and necessary to infiltrate medical humanistic spirit into College English teaching. Through the effective combination of inside and outside the classroom, teachers can use a variety of interesting teaching methods and means to help students to fully understand the doctor-patient relationship and the crux of the Doctor-patient Conflict, and then enable students to understand the importance of medical humanistic spirit. Of course, social practice is also very important. Through social practice, students will be able to understand the real relationship between doctors and patients more intuitively, understand both sides of doctors and patients, which play a significant role in cultivating students' medical humanistic spirit.

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